

CLARK COUNTY FAMILY YMCA

SUMMER 2024 SWIM LESSONS

The Y is “America’s Swim Instructor” and the most accessible community resource to prevent drowning and encourage a lifelong enjoyment of swimming. The Y introduced the country to the concept of group swim lessons more than 100 years ago (1909), and each year, the Y teaches more than a million children invaluable water safety and swimming skills.

As one of the largest community-based organizations in the country, the Y owns or manages over 2,000 pools. Thanks to its size and reach, the Y is in a unique position to help bridge the gap in the delivery of swim lessons and water safety education in the U.S.—especially in underserved communities.

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MONDAY-THURSDAY MORNINGS

2 WEEK SESSIONS | 8 LESSONS | 30 MINUTES

Member: \$115 | Non-member: \$173

	SESSION DATES	REGISTRATION DATES	
1	JUN 24 - JUL 3*	Member:	MAY 20 - JUN 21
		Non-member:	MAY 27 - JUN 21
2	JUL 8 - JUL 18	Member:	MAY 20 - JUL 5
		Non-member:	MAY 27 - JUL 5
3	JUL 22 - AUG 1	Member:	MAY 20 - JUL 19
		Non-member:	MAY 27 - JUL 19
4	AUG 5 - AUG 15	Member:	MAY 20 - AUG 2
		Non-member:	MAY 27 - AUG 2

Ages 6-36 months

Parent/Child A & B Combo - 10AM

Ages 3-5 years

Level 1-Water Acclimation -10:35 AM, 12:25 PM

Level 2-Water Movement - 10 AM, 12:25 PM

Level 3- Water Stamina - 12:25PM

Ages 5-12 years

Level 1-Water Acclimation - 10AM, 11:15AM

Level 2-Water Movement - 11:50AM, 12:25PM

Level 3-Water Stamina - 11:50AM

Level 4-Stroke Introduction - 10:35AM, 11:15AM

Level 5-Stroke Development - 11:15AM

Level 6-Stroke Mechanics - 10:35AM

TUESDAY/THURSDAY EVENINGS

4 WEEK SESSIONS | 8 LESSONS | 30 MINUTES

Member: \$115 | Non-member: \$173

	SESSION DATES	REGISTRATION DATES	
JUN	JUN 4 – JUN 27	Member: MAY 20 - JUN 2 Non-member: MAY 27 - JUN 2	
JUL	JUL 2 – JUL 25	Member: MAY 20 – JUN 30 Non-member: MAY 27 – JUN 30	
AUG	JUL 30 – AUG 22	Member: MAY 20 – JUL 28 Non-member: MAY 27 – JUL 28	

Ages 6-36 months

Parent/Child A & B Combo - 5:15PM

Ages 3-5 years

Level 1-Water Acclimation - 5:15PM, 6:25PM

Level 2-Water Movement - 5:50PM

Level 3-Water Stamina - 5:50PM

Ages 5-12 years

Level 1-Water Acclimation - 5:50PM

Level 2-Water Movement - 6:25PM

Level 3-Water Stamina – 6:25PM

Level 4-Stroke Introduction - 7PM

Level 5-Stroke Development - 7PM

Level 6-Stroke Mechanics - 4:40PM

Aquatic Conditioning (Pre-Swim Team) - 5:15-6:15PM

Ages 13 & up

Teen/Adult Beg. – 7:30PM

WEDNESDAY AFTERNOON

4 WEEK SESSIONS | 4 LESSONS | 45 MINUTES

Member: \$84 | Non-member: \$117

	Session Dates	Registration Dates	
JUN	JUN 5 – JUN 26	Member: MAY 20 – JUN 2 Non-member: MAY 27 – JUN 2	
JUL	JUL 3 – JUL 24	Member: MAY 20 – JUN 30 Non-member: MAY 27 – JUN 30	
AUG	JUL 31 – AUG 21	Member: MAY 20 – JUL 28 Non-member: MAY 27 – JUL 28	

Ages 3-5 years

Level 1-Water Acclimation - 3:15PM, 5:45PM

Level 2-Water Movement – 4:05PM

Level 3-Water Stamina – 4:55PM

Ages 5-12 years

Level 1-Water Acclimation – 4:55PM

Level 2-Water Movement – 4:05PM

Level 3-Water Stamina – 4:55PM

Level 4-Stroke Introduction – 3:15PM, 5:45PM

Level 5-Stroke Development – 3:15PM

Level 6-Stroke Mechanics – 4:05PM

SATURDAYS

4 WEEK SESSIONS | 4 LESSONS | 45 MINUTES

Member: \$84 | Non-member: \$117

	SESSION DATES	REGISTRATION DATES	
JUN	JUN 1 – JUN 22	Member:	MAY 20 – MAY 31
		Non-member:	MAY 27 – MAY 31
JUL	JUL 8 – JUL 22 (3-Week Session)	Member:	MAY 20 – JUN 30
		Non-member:	MAY 27 – JUN 30
AUG	AUG 5 – AUG 26	Member:	MAY 20 – JUL 28
		Non-member:	MAY 27 – JUL 28

Ages 6-36 months

Parent/Child A & B Combo – 8:15AM, 1:35PM

Ages 3-5 years

Level 1-Water Acclimation – 2:25PM

Level 2-Water Movement – 1:35PM

Level 3-Water Stamina – 2:25

Ages 5-12 years

Level 1-Water Acclimation – 3:15PM

Level 2-Water Movement – 3:15PM

Level 3-Water Stamina – 2:25PM

Level 4-Stroke Introduction – 1:35PM, 3:15PM

Level 5-Stroke Development – 2:25PM

Level 6-Stroke Mechanics – 1:35PM

Ages 13 & up

Teen/Adult Beg. – 8:15AM

Teen/Adult Int. – 8:15AM

SUMMER 2024 AQUATICS CAMPS

AQUATIC LEADERS CLUB (Jr Swim Instructors / Jr Lifeguards)

WEEK (02) MON-FRI | JUN 24 – JUN 28 | 8:30AM – 2:30PM

WEEK (07) MON-FRI | JUL 29 – AUG 2 | 8:30AM – 2:30PM

Member: \$294 | Non-member: \$345

Member Reg: Feb 5 – July 27 | Nonmember Reg: Feb 12 – July 27

Ages: 11-15

Description: This program encourages leadership development in aquatic safety with a goal to prepare and motivate participants to eventually become lifeguards and swim instructors through a separate certification course. Participants will have the opportunity receive an American Red Cross Adult & Pediatric First Aid/CPR/AED certification during this program.

SIRENS OF THE DEEP CAMP (Mermaids and Mermen)

WEEK (04) MONDAY-FRIDAY | JUL 8 – JUL 12 | 8:30AM – 2:30PM

Member: \$240 | Non-member: \$282

Member Reg: Feb 5 – July 6 | Nonmember Reg: Feb 12 – July 6

Ages: 6 - 12

Description: A new offering this year - Dive into a world of wonder! The adventure begins on dry land where we will learn all about mermaids and mermen with fun activities. Unleash your inner mermaid or merman and make a splash in this whimsical adventure. After lunch we will dive into the pool and enjoy the underwater world!

AQUATIC PATHWAYS (Endurance, Sports, & Games)

WEEK (05) MONDAY-FRIDAY | JUL 15 – JUL 19 | 1PM – 2:30PM

Member: \$170 | Non-member: \$200

Member Reg: Feb 5 – July 13 | Nonmember Reg: Feb 12 – July 13

Ages: 6-18

Description: This camp builds endurance on all major competitive strokes and encourages aquatic sports and games as part of a healthy lifestyle. Participants will develop knowledge in various aquatic skills and sports, such as water polo, snorkeling, diving, and synchronized swimming.

S.T.E.M. by LAND AND SEA (Science, Technology, Engineering, Math)

WEEK (06) MONDAY-FRIDAY | JUL 22 – JUL 26 | 8:30AM – 2:30PM

Member: \$240 | Non-member: \$282

Member Reg: Feb 5 – July 20 | Nonmember Reg: Feb 12 – July 20

Ages: 6-12

Description: A new offering this year - Learn about hydrodynamics, buoyancy, water chemistry, and more! We'll showcase scientific topics relating to the water through activities and experiments in the pool. At STEM by Land and Sea Camp, campers explore volcanoes (geology), the ocean (marine science, oceanography), the forest (biology, botany, zoology), and the environment (climate, meteorology). Campers will start the morning on dry land learning then head to the pool for the afternoon to continue their learning in the water!

SWIM SKILLS & DRILLS

WEEK (08) MONDAY-FRIDAY | AUG 5 – AUG 9 | 1PM – 2:30PM

WEEK (09) MONDAY-FRIDAY | AUG 12 – AUG 16 | 1PM – 2:30PM

Member: \$170 | Non-member: \$200

Member Reg: Feb 5 – Aug 3 | Nonmember Reg: Feb 12 – Aug 3

Ages: 6-12 (WEEK 08) & 12-17 (WEEK 09)

Description: Practice your swim strokes in a fun clinic type setting. Learn the ins/outs of being on a swim team!