



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA Camp Collins Teen Camp Parent/Guardian Supplemental Information Packet

Thank you for choosing YMCA Camp Collins! Our goal is to provide every teen with a fantastic camp experience. We strive to provide opportunities for personal growth and new friendships while always working hard to maintain a physically and emotionally safe environment. Through our unique programming we trust your teen will grow in spirit, mind and body.

We have been busy planning a fun and challenging two weeks of Teen Camp that includes a two-day river rafting trip and we are looking forward to picking up our paddles. This is going to be a terrific adventure! In addition to the [Parent/Guardian Camp Handbook](#) please read this supplemental information thoroughly.

Along with the four required forms for check-in (<http://ymcacw.org/camp-handbook-and-forms>) there are Teen Camp specific forms included in this packet. You and your teen will need to review, complete and bring these forms with you to camp on check-in day. These forms are:

- **Rafting Safety Agreement**
- **River Drifters Waiver (we will be utilizing their raft guides and gear)**

Please call or email the [Camp Office](#) if you have any questions or concerns about your teen's session at camp. Contact us at YMCA Camp Collins Monday through Friday 9am – 5pm at 503.663.5813.

Thank you for your attention to these important details. We look forward to seeing you and your Teen Camper this summer!

Sincerely,

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Mel Thimm
Program Coordinator – Teens
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YMCA CAMP COLLINS

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Teen Camp Rafting Trip Safety Agreement

We will be exploring the river canyon environment with professional rafting guides provided by River Drifters. Because of the necessity to maintain an envelope of safety during our trip, listed below are the rules governing general health and safety issues for the rafting trip portion of the Teen Camp experience. Please read them carefully and have both teen participant and parent/guardian sign this form indicating that they agree to abide by these guidelines.

Health Issues:

1. Bring a completed Health History form to camp. Originals of these forms are kept in the Camp Collins Health House and copies of all Health History forms for campers and staff are held throughout the entire trip by YMCA Camp Collins Teen Camp Counselors.
2. Give all medications to the Health Officer at check-in in the original container that is well-labeled and complete with written instructions for use. The Teen Camp Counselors will be educated by the Health Officer on all the medications and all medications will be dispensed by Teen Camp Counselors while on the trip. Medications will be stored in a dry bag in the Counselor's possession throughout the duration of the trip.
3. Teen Camp Counselors will have a First Aid Kit with them at all times.

Safety Issues:

1. All rafters are required to wear properly fitting life jackets whenever near or on the water.
2. Life jackets will be checked regularly to ensure proper fitting and to verify that all buckles are clipped.
3. Swim evaluations will be conducted in camp before rafting begins to establish swim ability levels.
4. Because of the nature of this activity, following instructions is critical for everyone's safety. Cooperative behavior is expected at all times and any violation will be grounds for early release from the trip.
5. Rafters will sit on the sides of the raft with both feet inside and remain seated at all times.
6. Rafters will not kneel in the raft due to the danger of shallow rocks.
7. Splash fights are great and will only occur in calm water with the permission of the Raft Guides.
8. Respect yourself, others and nature. We will work better as a team if we respect our surroundings.
9. Sex, Alcohol and Drugs (including cigarettes) are forbidden. Any violation of this rule will result in immediate suspension from the trip, and violators will be sent home early. It will be the parent or guardian's responsibility to pick their child up from the designated location at their own expense.

10. Our trip also includes travel time in a bus. It is your responsibility to act as safe passengers to include, but not limited to, stay seated with hands, heads, feet, etc. in the bus at all times, follow all directions given by the Teen Counselors and bus driver for the duration of the travel time.

11. We are here to learn, be safe and **HAVE FUN!**

Responsibility Issues:

1. All the rules of river etiquette apply to everyone.
2. Be supportive, positive and caring when others may need help.
3. Teen campers will be expected to contribute to the paddling and navigation instructions given by the Raft Guides to the best of their abilities.
4. Teen campers will also be expected to contribute to setting up and breaking down camp for the overnight. This includes, but is not limited to, setting up and taking down tarps, cooking and cleaning up after meals.

I have read, understand and completely agree to abide by all the above health and safety rules. As a participant of this YMCA Camp Collins Teen Camp and rafting trip, I agree to follow the instructions of my Teen Camp Counselors and Raft Guides at all times.

Teen Participant Signature _____

Date _____

I have read, understand, and completely agree to the above health and safety rules. As a parent/guardian of the above-signed participant, I agree to arrange the immediate pick-up of my child if the need arises.

Parent/Guardian Signature _____

Date _____



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405 Deschutes Ave
Maupin, OR. 97708

phone: 1.800.972.0430 site: www.riverdrifters.net
fax: 240.414.0854 email: info@riverdrifters.net
Professional River Trips Since 1979!

Rafting Participant Agreement, Release and Acknowledgement of Risk

In consideration of the services of River Drifters Whitewater Tours, Inc., their officers, agents, employees, volunteers, advertisers, stock holders and all other persons associated with these businesses (hereinafter collectively referred to as River Drifters) I agree as follows:

Although River Drifters has taken reasonable steps to provide you with appropriate equipment and skilled guides so you can enjoy an activity for which you may not be skilled, we wish to remind you this activity is not without risk. Certain risks cannot be eliminated without destroying the unique character of this activity. The same elements that contribute to the unique character of this activity can be causes of loss or damage to your equipment, or accidental injury, illness or in extreme cases, permanent trauma, paralysis or death. We do not want to frighten you or reduce your enthusiasm for this activity, but we do think it is important for you to know in advance what to expect and to be informed of the inherent risks. The following describes some but not all of those risks:

- 1) Whitewater rapids will be encountered. You can be jolted, bounced and otherwise shaken during rides through some of the rapids. It is possible that you could be injured if you come into contact with equipment necessary to the operation of the trip. You could also be injured due to contact with other trip participants.
- 2) Boats could turn over, or you could be washed overboard as a result of unexpected wave action or your guides' misjudgment of the rapid or the terrain. This could result in mental anguish or trauma, injuries, prolonged exposure to cold water (hypothermia) leading to impaired health or, in extreme cases death. Drowning is also possible.
- 3) Accidents can occur on land. You could slip or fall during a hike, causing damage to equipment or personal injury. You could also suffer injuries or trauma during the land and/or air transportation portions of the trip, in vehicles or aircraft.
- 4) Accidents can occur getting on and off the rafts or kayaks. Rafts and kayaks are slippery when wet. You might damage or lose equipment or injure yourself by falling against some object in or on the boat or on shore. Rafts and kayaks may drift a distance from the shoreline when you are trying to climb on or off. You might fall in the river, or drop equipment in the river. Improper use of equipment could also cause damage to equipment or personal injury.
- 5) Exposure to the natural elements can be uncomfortable or harmful. You should be aware that this exposure could cause hypothermia, sunburn, illness from drinking/eating water or food, and/or dehydration.
- 6) Errors on the part of River Drifters Rafting and its employees, including insufficient instruction or assistance.

I am aware that whitewater rafting and kayaking entails risks of injury or death to myself. I understand the description of these risks is not complete and that other unknown or unanticipated risks may result in injury or death. I agree to assume responsibility for the risks identified herein and other risks inherent to the activity of a whitewater river trip. My participation in this activity is purely voluntary and I elect to participate in spite of the risks.

I certify that I am fully capable of participating in this activity. Therefore, I assume full responsibility for myself, including minor children, for bodily injury, death, and loss of personal property and expenses thereof as a result of those inherent risks and dangers and of my negligence in participating in this activity.

I agree that if any portion of this agreement is found to be void or unenforceable, the remaining portions shall remain full force and effect. In the event that I file a lawsuit against River Drifters, I agree to do so solely in the state of Oregon, and I further agree that the substantive law of that state shall apply in that action without regard to the conflict of law rules of that state.

I have read, understood, and accepted the terms and conditions stated herein and acknowledge that this agreement shall be effective and binding upon myself, my heirs, assigns, personal representatives and estates for all members of my family including any minors accompanying me. I acknowledge I am not relying on any oral, written, or visual representations or statements made by River Drifters, including those made in its brochure and other promotional material, to induce me to go on the whitewater river adventure. I also acknowledge that in any and all promotional material the use of the word 'safe', 'safe as possible', or the like, does not mean, imply or suggest that this trip is without risk. I have also read and agree to comply with the River Drifters cancellation policy.

Photographic Release: River Drifters reserves the right to take photographs or film records of any River Drifters tour, program, or activity and each trip member hereby agrees that River Drifters may use such photographs or film records for promotional and/or commercial purposes.

River Drifters

Participant Name: _____

In consideration of being allowed to participate in any way in the program, related events and activities, I the undersigned, acknowledge, appreciate, and agree that:

1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death.
2. **I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS**, both known and unknown, **EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES** or others, and assume full responsibility for my participation.
3. I willingly agree to comply with terms and conditions for participation. If I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately.
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, **HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS River Drifters**, its officers, officials, agents and/or employees, other participants, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event (RELEASEES), from any and all claims, demands, losses, and liability arising out of or related to any **INJURY, DISABILITY OR DEATH** I may suffer, or loss or damage to person or property, **WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE**; to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Date: _____

Participant' Name _____ Signature _____

Address _____

City _____ State _____ Zip _____

Email address _____

Emergency Contact _____ Contact Phone# _____ - _____

FOR PARENTS/GUARDIANS OF PARTICIPANT OF MINOR AGE (UNDER AGE 18 AT TIME OF REGISTRATION)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liability incidents to my minor child's involvement or participation in these programs as provided above, **EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES**, to the fullest extent permitted by law. **This does not apply to liability incidents determined to be the result of the Gross Negligence or the Wanton and Willful Misconduct of the Releasees.**

X _____ Age: _____

PARTICIPANTS NAME

X _____

Parent/Guardian Signature

Date

Emergency Phone Number(s)

*We will not disclose any personal information to any other party.

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YMCA CAMP COLLINS

TEEN CAMP

RAFTING TRIP PACKING LIST

Teen Campers and Parents,

We are excited that you will be joining us for Teen Camp this summer. In addition to the standard packing list featured in the Parent/Guardian Camp Handbook on page 3, there are some specific items that you will need for our two-day rafting trip on the Deschutes River. Please keep in mind that the overnight rafting trip includes sleeping outside for one night.

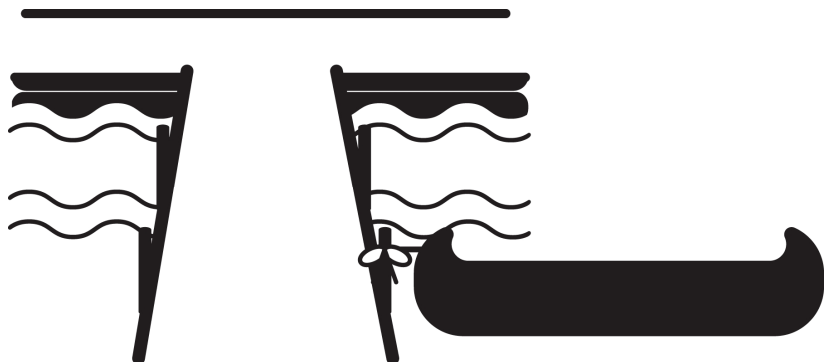
Rafting Pack List

For on the river:

- ◆ A swimming suit or shorts (quick drying shorts are best, ie nylon)
- ◆ A T-shirt (quick drying, no cotton)
- ◆ A long sleeve shirt and a hat if you get burned easily
- ◆ Old tennis shoes, "water" shoes with traction or sandals with backs (No flip-flops)
- ◆ Sunglasses with strap for both sunglasses and prescription glasses
- ◆ Waterproof Sunscreen (with a SPF of 30 or higher)
- ◆ Lip Balm/Chap stick
- ◆ Windbreaker or raincoat (for when the sun hides and we are still in a raft surrounded by water)
- ◆ Water Bottle with loop to attach to the raft

For camping along the river:

- ◆ Sleeping bag (w/stuff sack)
- ◆ Sleeping pad
- ◆ 1 pair of walking shorts
- ◆ 2 T-shirts (preferably non-cotton)
- ◆ 1 pair of long pants (preferably polyester or non-cotton)
- ◆ Sweater, Fleece or Sweatshirt
- ◆ Rain coat and pants (just in case)
- ◆ 2 pair of underwear
- ◆ Towel (small)
- ◆ Personal hygiene supplies
- ◆ Insect repellent
- ◆ Small flashlight w/spare bulb and batteries (headlamps work great)
- ◆ Spare eye glasses or contacts
- ◆ 2nd pair of shoes (the comfortable while walking kind)
- ◆ 2 pairs of socks





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Optional Items for the trip:

- ◆ A small dry bag for your camera, sunscreen, etc. to be kept on the raft with you
- ◆ Waterproof camera
- ◆ Playing cards, journal, book, frisbee

If you have a small, soft-sided duffel or sports bag that can easily be unpacked and take some abuse that would be great to just bring what you need for the trip. Our guides from River Drifters (www.riverdrifters.net) will help us pack all clothes and personal items into dry-bags when we get to the river.

If you have any questions about the trip, packing list or Teen Camp in general, feel free to contact me.

Happy Trails,



Mel Thimm, Program Coordinator - Teens

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