



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## ENSURE A BRIGHTER FUTURE

### YMCA Before and After School Enrichment

#### Philosophy

We believe that before and after school enrichment programs should provide opportunities and experiences that stimulate a student's physical, social, intellectual and emotional development while supporting their classroom education. We meet the developmental needs of specific age groups, and more importantly, the individual needs of each student. YMCA school enrichment offers ample opportunity for kids to be kids through intentional play, while also providing time for educational and enrichment activities. Our daily programming emphasizes our five core values of love, respect, honesty, responsibility and service.



#### Partnerships

We strive to connect with the schools we serve in innovative ways that show positive results and help our participants grow, learn and excel. Our staff search out opportunities to be part of the school communities. We also work directly with teachers to help participants with diverse needs get the personalized and consistent guidance they need.

#### School Enrichment Curriculum

Children in school enrichment are involved in activities that nurture their curiosity, inspire creativity and teach them how to succeed.

#### Activities

##### Homework

So students can achieve their fullest potential, we schedule homework and/or quiet time daily.

##### Literacy

In partnership with the Development Study Center the Y of the USA created the KidzLit Program. This literacy component incorporates nationally award winning books promoting character values. The program gets kids talking, reading and writing about the book themes.

##### Science and Technology

The YMCA partners with Oregon ASK to implement STEM in curriculum. STEM engages students in hands on learning with a focus on inquiry, discovery and scientific processes.

##### Other Activities

At the YMCA we offer a wide range of engaging activities for students to participate in, such as group games.

##### Enrichment Clubs

In these clubs we encourage students to explore their interests at their own pace in a structured environment. The clubs are diverse, and may last one week or one month, depending on the topic.

## Healthy Eating and Physical Activity

The YMCA of the USA collaborates with the Partnership for a Healthier America and Let's Move organization to implement new school enrichment standards in healthy eating and physical activity curriculums. Our YMCA participants focus on healthy eating and nutrition and engage in physical activity through Coordinated Approach to Child Health. We receive funding for this collaboration, which includes a grant from Nike, to fund additional equipment to help incorporate these standards.



## Afterschool Upgrade

To ensure we deliver on our commitment to nurture the potential of every child, our school enrichment program now intentionally fosters achievement, relationship and belonging. We know that with the right building blocks for healthy development, children gain the skills they need to be active, thriving and contributing members of society.

### Focus

- Discover skills to help children realize their passion, talents and potential
- Build friendships to demonstrate the role positive relationships play in a child's well-being
- Create a place to belong where kids feel safe, welcome and can express their individually

## Commitment

A key component to a successful program is having quality and experienced staff. All YMCA staff are required to seek out training and/or educational professional opportunities in the child care field. We encourage our staff to share their experience and knowledge with their peers through group trainings, staff meetings and mentoring.

We hire staff after completing a background and criminal history check. Our staff receive continuous training and education, have CPR and first aid training, and are held to the highest YMCA standard of conduct. We meet State licensing standards and follow State staff/child ratio guidelines. Our class sizes are often smaller than those guidelines require.

The YMCA is proud to have nurturing and dedicated staff who are committed to every student's academic excellence. Our staff are role models for students and help guide them as they learn to make good choices and be responsible individuals. We make it a priority to nurture the whole student, including the spirit, mind and body. Our YMCA school enrichment program provides students the tools and strategies they require to become caring and engaged adults.

## Financial Support

The YMCA provides scholarships to qualifying low-income family households. We are able to provide those scholarships because YMCA members, the community and businesses contribute to the YMCA. Providing program access to all families regardless of their ability to pay is a cornerstone of our mission. No family is turned away due to their inability to pay. The scholarships are awarded based on a confidential process and may cover a portion of the program fee.

## Contact Us

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